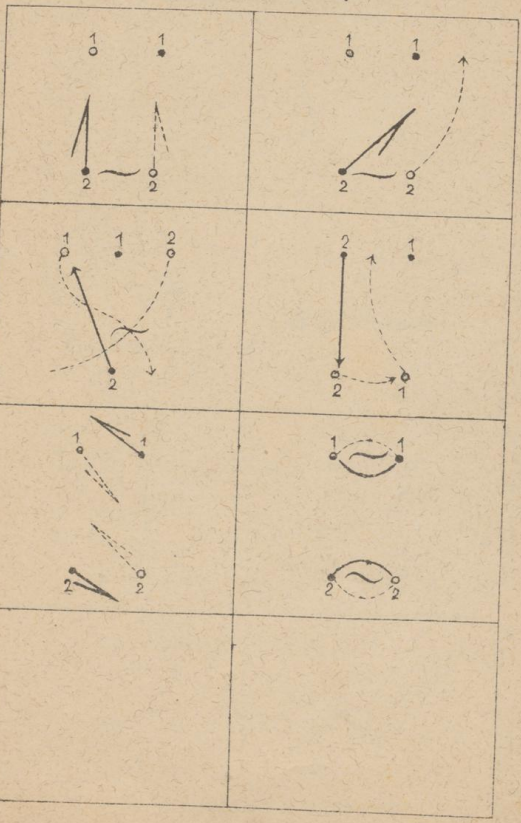4. Trénis.